



Dr. Anne M. Jensen

BSc, DC, ICSSD, PGCert, PGDip, MSc, MS, MACC, DPhil

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EDUCATION

DPhil – Evidence-based Healthcare, University of Oxford, Oxford, UK, July 2015.

Master of Science – Sports Psychology, Capella University, Minneapolis, MN, USA, December 2007

Master of Science – Evidence-based Social Interventions, University of Oxford, Oxford, UK, November 2007

Postgraduate Diploma in the Science and Medicine of Athletic Performance, University of Oxford, Oxford, UK, June 2006

Postgraduate Certificate in Clinical Psychology, James Cook University, Townsville, Queensland, Australia, August 2005

International Chiropractic Sports Science Diploma (ICSSD), Royal Melbourne Institute of Technology, Melbourne, Victoria, Australia, November 2001

Doctor of Chiropractic Degree, New York Chiropractic College, USA, 1993
Salutatorian, Magna Cum Laude, Phi Chi Omega Honor Society, Deans List (Trimesters 1-10)

Bachelor of Science Degree - Mathematics, Rensselaer Polytechnic Institute, USA, 1986

CONFERENCE PRESENTATIONS

KEYNOTE: Kinesiology Dubai Annual Conference, Dubai, UAE, 9 November 2017: The Oxford Studies: Validating Muscle Response Testing.

KEYNOTE: IMAET System World Conference, 14 October 2017: The accuracy and precision of muscle response testing (MRT).

19th Annual Canadian Energy Psychology Conference, The Canadian Association of Integrative and Energy Therapies (CAIET), 12-16 October 2017: The Art and Science of Muscle Response Testing.

KEYNOTE: International Association of Specialised Kinesiologists (IASK) Live Webinar, 12 September 2017: The Oxford Studies: Validating Muscle Response Testing

KEYNOTE: Touch for Health Kinesiology Association 42nd Annual Conference, Kansas City, Missouri, USA, 11-14 July 2017: Does Muscle Testing really work?!? Results from the Oxford Studies.

19th International Energy Psychology Conference, Association for Comprehensive Energy Psychology (ACEP), San Antonio, Texas, USA, 19-21 May 2017: The stability of muscle response testing (MRT) accuracy explored through reproducibility and repeatability.

International Association of Specialised Kinesiologists (IASK) Conference, Bergamo, Italy, 28 April 2017: Research status of muscle testing: Results from the Oxford Studies.

KEYNOTE: Kinesiology Federation Conference, Nottingham, UK, 22 April 2017: Research status of muscle testing: Results from the Oxford Studies.

World Federation of Chiropractic 13th Biennial Congress, Athens, Greece, May 2015: The stability of kinesiology-style manual muscle testing (kMMT) accuracy explored through reproducibility and repeatability: A round-robin diagnostic test accuracy study.

Evidence Live 2015, Oxford University, Oxford, UK, April 2015: The stability of kinesiography-style manual muscle testing (kMMT) accuracy explored through reproducibility and repeatability: A round-robin diagnostic test accuracy study.

2nd Annual General Meeting of The Royal College of Chiropractors, London, UK, 28 January 2015: (1) The stability of kinesiography-style manual muscle testing (kMMT) accuracy explored through reproducibility and repeatability: A round-robin diagnostic test accuracy study; (2) Estimating the prevalence of use of kinesiography-style manual muscle testing.

European Chiropractors' Union (ECU) 2014 Convention, Dublin, Ireland, May 2014: Developing the evidence for kinesiography-style manual muscle testing: Designing and implementing a series of diagnostic test accuracy studies.

International Research Conference on Integrative Medicine & Health (IRCIMH), Miami, Florida, USA, May 2014: Developing the evidence for kinesiography-style manual muscle testing: Designing and implementing a series of diagnostic test accuracy studies.

1st Annual General Meeting of The Royal College of Chiropractors, London, UK, 29 January 2014: Developing the evidence for kinesiography-style manual muscle testing: Designing and implementing a series of diagnostic test accuracy studies.

KEYNOTE: Australian Association of Massage Therapists (AAMT) Annual National Conference: "Evidence-based Practice: Integrating Science, Experience & Values," Adelaide, South Australia, 25-26 May 2013: The benefits of giving a massage on the mental state of massage therapists: A randomised, controlled trial.

5th Sacro Occipital Technique Research Conference, May 2, 2013: The accuracy of kinesiography-style manual muscle testing to distinguish true spoken statements from false: The results of 2 studies of diagnostic test accuracy.

Evidence Live 2013, Oxford University, Oxford, UK, March 2013: Developing the evidence for kinesiography-style manual muscle testing: Designing and implementing a series of diagnostic test accuracy studies.

WFC/ACC/CCIAP Education Conference, Perth, Western Australia, September 2012: The role of pulse oximetry in chiropractic practice: A rationale for its use.

European Chiropractors' Union (ECU) 2012 Convention, Amsterdam, The Netherlands, May 2012: (1) The accuracy of kinesiography-style manual muscle testing to distinguish congruent from incongruent statements under varying levels of blinding: Results from a study of diagnostic test accuracy, (2) Improving General Flexibility with a Mindbody Approach: A Randomized, Controlled Trial using Neuro Emotional Technique.

Association for Applied Psychophysiology & Biofeedback (AAPB) Annual Meeting, March 2012: Is muscle testing a form of biofeedback?: Results from a study of diagnostic test accuracy.

World Federation of Chiropractic 11th Biennial Congress, Rio de Janeiro, Brazil, April 2011: (1) The accuracy of kinesiography-style manual muscle testing to distinguish congruent from incongruent statements under varying levels of blinding: Results from a study of diagnostic test accuracy, (2) OTZ Tension Adjustment™ for Frozen Shoulder Syndrome: A retrospective case series of 50 patients, (3) Improving Flexibility with a Mindbody Approach: A Randomized Controlled Trial using Neuro Emotional Technique□.

Association of Chiropractic Colleges Research Agenda Conference, Las Vegas, Nevada, USA, March 2011: The accuracy of kinesiography-style manual muscle testing: A proposed testing protocol and results from a pilot study.

Association of Chiropractic Colleges Research Agenda Conference, Las Vegas, Nevada, USA, March 2010: (1) Increasing power output in rowers using Neuro Emotional Technique (NET): A pilot case series; (2) Neuro Emotional Technique (NET) for Pre-Competitive Anxiety in Power-Lifters: Two Case Studies.

International Congress of Complementary Medicine Research, Sydney, Australia, March 2008. Neuro Emotional Technique for simple phobia.

7th International Conference on Sports: Economic, Management, Marketing & Social Aspects, June 2007, Athens, Greece. First do no harm.

PUBLICATIONS

Jensen, A.M., (2018). "Emerging from the Mystical : Muscle Response Testing is *not* an Ideomotor Effect." *Energy Psychology Journal* (in press).

Jensen, A. M., R.J. Stevens, A.J. Burls (2018). "The accuracy of Muscle Response Testing: The impact of using emotionally-arousing stimuli." *Behavior Research Methods* (under review).

Jensen, A. M., R.J. Stevens, A.J. Burls (2018). "Investigating the validity of Muscle Response Testing: An attempt at blinding the patient using subliminal visual stimuli." *Perceptual and Motor Skills* (under review).

Jensen, A. M., R.J. Stevens, A.J. Burls (2018). "Exploring the variation in muscle response testing accuracy through repeatability and reproducibility." *PLoS ONE* (under review).

Jensen, A.M., R.J. Stevens, A.J. Burls (2017). "Grip Strength Dynamometry for Lie Detection." *Physiology & Behavior* (in press). <https://doi.org/10.1016/j.eujim.2017.11.001>

Jensen, A.M., R.J. Stevens, A.J. Burls (2016). "Estimating the accuracy of kinesiology-style manual muscle testing: Two randomised-order blinded studies." *BMC Complementary and Alternative Medicine* 16:492; DOI: 10.1186/s12906-016-1416-2. Impact Factor 2.08. <http://www.biomedcentral.com/1472-6882/16/492>

Jensen, A.M. (2015) "Estimating the prevalence of use of kinesiology-style manual muscle testing." *Advances in Integrative Medicine* 2(2) : 96-102. [http://www.aimedjournal.com/article/S2212-9588\(15\)00089-0/abstract](http://www.aimedjournal.com/article/S2212-9588(15)00089-0/abstract)

Wells, R., Brinkley, H., and A.M. Jensen (2013). "Overcompensated Cervical Syndrome (OCS) presenting as neck pain: A retrospective case series using the Thompson Technique." *Chiropractic Journal of Australia* 43: 75-9. <http://bit.ly/2mI50Jc>

Jensen, A. M., A. Ramasamy, J. A. Hotek, B. Roel and D. Riffe (2012). "The benefits of giving a massage on the mental state of massage therapists: A randomised, controlled trial." *Journal of Alternative and Complementary Medicine* 18(2) : 1-5; Impact Factor: 1.685; SJR:0.084; SNIP: 1.169. <http://www.ncbi.nlm.nih.gov/pubmed/22946452>

Jensen, A. M., A. Ramasamy and M. W. Hall (2012). "Improving general flexibility with a mindbody approach: A randomized, controlled trial using Neuro Emotional Technique." *Journal of Strength and Conditioning Research* 26(8) : 2103–12; Impact Factor: 1.848; SJR: 0.066; SNIP:1.645. <http://www.ncbi.nlm.nih.gov/pubmed/22814766>

Hall, M. W. and A. M. Jensen (2012). "The role of pulse oximetry in chiropractic practice: A rationale for its use." *Journal of Chiropractic Medicine* 11(2): 127–33.; SJR: 0.034; SNIP: 0.413. <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3368980/>

Murphy, F. X., M. W. Hall and A. M. Jensen (2012). "OTZ Tension Adjustment for Frozen Shoulder Syndrome: A retrospective case series of 50 cases." *Journal of Chiropractic Medicine* 11(4) : 267-74; SJR: 0.034; SNIP: 0.413. [http://www.journalchiromed.com/article/S1556-3707\(12\)00118-6/abstract](http://www.journalchiromed.com/article/S1556-3707(12)00118-6/abstract)

Jensen, A.M., Stevens, R., Keneally, T., Stewart, J., Burls, A. (2011) "The accuracy of kinesiology-style manual muscle testing to distinguish congruent from incongruent statements under varying levels of blinding: Results from a study of diagnostic test accuracy." *Clinical Chiropractic* 14(4): 157-8.

Jensen, A. M. (2011). "The use of Neuro Emotional Technique with competitive rowers: A case series." *Journal of Chiropractic Medicine* 10(2): 111-7; SJR: 0.034; SNIP: 0.413. [http://www.journalchiromed.com/article/S1556-3707\(11\)00034-4/abstract](http://www.journalchiromed.com/article/S1556-3707(11)00034-4/abstract)

Jensen, A. M. (2011). "Clinical roundup: How do you treat stress in your practice? Part I: Neuro Emotional Technique." *Alternative and Complementary Therapies* 17(2): 120-1; SJR: 0.028. SNIP: 0.091. DOI: 10.1089/act.2011.17207. <http://drannejensen.com/PDF/How%20to%20manage%20stress.pdf>

Jensen, A. M., B. Bewketu and D. Sanford (2011). "Intermittent low back pain referred from a uterine adenomyosis: A case report." *Journal of Chiropractic Medicine* 10(1): 64-9; SJR: 0.034; SNIP: 0.413. [http://www.journalchiromed.com/article/S1556-3707\(10\)00144-6/abstract](http://www.journalchiromed.com/article/S1556-3707(10)00144-6/abstract)

Jensen, A. M. (2010). "A mind-body approach for precompetitive anxiety in power-lifters: 2 case studies." *Journal of Chiropractic Medicine* 9(4): 184-92; SJR: 0.034; SNIP: 0.413. [http://www.journalchiromed.com/article/S1556-3707\(10\)00108-2/abstract](http://www.journalchiromed.com/article/S1556-3707(10)00108-2/abstract)

Jensen, A. M. (2009). "Subluxation: The cause or simply a symptom?" *Chiropractic Journal of Australia* 39(4): 171-2. <http://bit.ly/2majrJM>

Jensen, A. M. and A. Ramasamy (2009). "Treating spider phobia using Neuro Emotional Technique™: Findings from a pilot study." *Journal of Alternative and Complementary Medicine* 15(12): 1363-74. www.ncbi.nlm.nih.gov/pubmed/20001838; Impact Factor: 1.685; SJR:0.084; SNIP: 1.169.

All publications are available upon request.

EMPLOYMENT

COURSE DEVELOPER

2014-PRESENT

HeartSpeak International, Oxford, UK

Instrumental in the research and designing of new courses and materials. Organizing, implementing and monitoring programs and assessments. Responsible for preparing learning material for courses, including relevant practical activities. Actively leading class discussions and encouraging debate. Providing mentoring, advice, and support to students on a personal level. Leading course team activities and curriculum development.

RESEARCH CONSULTANT

2009-PRESENT

Australia, United Kingdom, and USA

Assisting private practitioners in all phases of clinical research, including study design, funding acquisition, gaining ethics approval, data collection, monitoring adherence, data analysis, and preparation of manuscripts for peer-reviewed publication.

PERFORMANCE CONSULTANT

2005-PRESENT

Australia, United Kingdom, New Zealand and USA

Providing specialist consultations in various private health care facilities in regards health and well-being, and towards the achievement of personal and/or company goals. Opportunities to date included working with Olympic and professional athletes, professional artists, and corporate executives.

LOCUM CHIROPRACTOR

2007-PRESENT

Australia, United Kingdom, Ireland

Providing professional chiropractic locum services to busy practices, with focuses on family, wellness and sports chiropractic. Comfortably seeing 80/day, 250/week. Techniques include Diversified, SOT, Drop, Activator, AK, HeartSpeak, NET, TBM, and extremity techniques. Proficiency in taking spinal radiographs, and the use of other spinal screening devices (e.g. Millennium Insight) and practice management software (e.g. Capable, Atlas, ChiroTouch). Capable of maintaining patient flow while principle chiropractor is away.

ASSISTANT PROFESSOR

2009-2010

Parker University

Dallas, Texas, USA

Responsibilities included: designing, developing and conducting clinical research studies focusing on the wellness paradigm; ensuring that research adheres to all regulations regarding research on human participants; pursuing public and private research grants; reviewing research protocols submitted by students and faculty, and advising and assisting in their implementation; collaborating with other institutions; representing the college at professional and educational conferences; and assisting in the preparation and administration of an annual budget.

LECTURER / SUPERVISOR

2008

New Zealand College of Chiropractic

Auckland, New Zealand

Responsibilities included: the revision of the course syllabus for course in biopsychosocial concepts for chiropractic students, and the subsequent development of lesson plans, lecture material and assessments; assisting in other courses including neuroscience, research methods and pre-clinical practice; supervising the design and coordination of research studies where students participated as partial fulfillment of a course in research methods; and supervising student interns in clinical practice.

CHIROPRACTIC REGISTRATION / LICENSURE

United Kingdom, April 2006 – present (GCC Registration # 02620)

Australia, 1994 to present (AHPRA Registration # CHI0001621228)

Texas, USA, May 2010 – 2014 (TBCE License # 11478)

New Zealand, January 2008 – 2009 (NZCB Registration # 00-00862)

New York State, USA, 1993 – present (NYED License # 70 007565)

National Chiropractic Board Examinations (USA) – Parts I, II, III, Physiotherapy, SPEC

OTHER ACCOMPLISHMENTS

- Assisted Olympic athletes with performance enhancement: Australian Swimming, Canadian Track & Field, Canadian Bobsleigh, UK Rowing, New Zealand Cycling, New Zealand Netball.
- Keynote Addresses: Association for Comprehensive Energy Psychology (2017); Canadian Association for Integrative and Energy Therapies (2017); Association of Chartered Physiotherapists in Energy Medicine (2017); Kinesiology Federation Annual Conference (2017); Touch for Health Annual Conference (2017); Australian Association of Massage Therapists (2013).
- Private practice in New York, USA (1993-4), Queensland, Australia (1994-05), UK (2005-8), New Zealand (2008-2009), Dallas, Texas, USA (2009-present).

Professional, academic and personal references are available upon request.